

Overcoming Temptation

TEXT: Luke 4:1-15

SUPPLEMENTAL SCRIPTURES: 1 Corinthians 10:13; Ephesians 6:11-17; 1 Peter 5:8-10

KEY VERSE: Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. — Ephesians 6:13

What better way could Jesus understand our problems and temptations and show us how to overcome them than to face them Himself? Hebrews 4:15 tells us that He “was in all points tempted like as we are, yet without sin.” Since He has been through suffering and temptation He knows what it is like when we suffer and are tempted, and He is wonderfully able to help us. See Hebrews 2:18.

1. What did Jesus possess that helps in overcoming temptation? See verse 1. Can we have the same help?

2. Would it have been wrong for Jesus to have turned that stone into bread? Give a reason for your answer.

3. What did Satan use in trying to cause the Lord to accept his offer of the kingdoms of the world? Were these kingdoms his to give?

4. When Satan tempted Jesus to worship him, how did the Lord answer him? Can we defeat Satan in the same manner?

5. As a last resort, Satan also tried using Scripture to make his final temptation acceptable to the Lord. What was that Scripture, and how does Satan use Scripture when trying to deceive people today?

6. What is temptation, and will it come to a well-established Christian? Is it sin?

7. Write several ways by which we can overcome temptation.

8. While God has made it possible for everyone to be overcomers, what should a person do if he has yielded to the temptation to sin? See Revelation 2:5.